|  |  |
| --- | --- |
| **Domain-specific physical activity- median** | Description: Median minutes spent in work-, transport- and recreation-related physical activity on average per day |
| Instrument question: P1 - P15b: activity at work, travel to and from places, and recreational activities |

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Median minutes of work-related physical activity on average per day** | | | | | | | | | |
|  | **Male** | | | **Female** | | | **Total** | | |
| Age Categories (Years) | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range | n | Median minutes | Inter-quartile range |
| 18-29 | 526 | 85.7 | 10.0 - 257.1 | 759 | 45.0 | 5.7 - 120.0 | 1285 | 60.0 | 8.6 - 180.0 |
| 30-44 | 593 | 180.0 | 25.7 - 385.7 | 964 | 94.3 | 20.0 - 218.6 | 1557 | 120.0 | 25.7 - 308.6 |
| 45-59 | 342 | 137.1 | 0.0 - 342.9 | 537 | 102.9 | 25.7 - 257.1 | 879 | 120.0 | 17.1 - 300.0 |
| 60-69 | 159 | 72.9 | 0.0 - 257.1 | 297 | 85.7 | 4.3 - 205.7 | 456 | 85.7 | 0.0 - 214.3 |
| **Total** | **1620** | **111.4** | **15.0 - 342.9** | **2557** | **60.0** | **13.6 - 180.0** | **4177** | **85.7** | **14.3 - 257.1** |
| Location |  |  |  |  |  |  |  |  |  |
| Rural | 1269 | 120.0 | 17.1 - 334.3 | 2140 | 64.3 | 17.1 - 180.0 | 3409 | 85.7 | 17.1 - 240.0 |
| Urban | 351 | 85.7 | 0.0 - 342.9 | 417 | 60.0 | 0.0 - 214.3 | 768 | 77.1 | 0.0 - 342.9 |